## Living in the NOW is where the LOVE is by Gary Bate

Unfortunately there's a limit to what people want to know. That's their downfall; that's their death. And that journey continues for them until they wake up, want to know more and do the challenge...

We all live in the past or in our fantasies for the future. Our lives are the examples of this, but an example that applies to most people is masturbation.

It's not that masturbation, in an of itself, kills you; because it's just the redemptive act of what you've brought up in your mind. You cannot masturbate without memories or fantasies or both.

Living in the past and or living in fantasy land, gives us the destiny of death. The challenge for all of us is to bring the palms of our hands together.

No past and no fantasy equates living in the now and Christ consciousness.

The example of masturbation also applies to all sexual relationships. There may only be 2 bodies when you make out with a partner, but what else is present in the unseen?

So when you slide off the now into the past (memories) or future (fantasies), where does that show up? It shows up in your body. Do you still think you don't need to let go emotionally of people?

It's the same for me and for everyone. Do you know how many people there are in this World who devote themselves to gurus and other teachers? We're in a pickle on this planet...

So how do we heal our eyesights and the rest of our bodies for that matter? We bring our hands together and we come into the NOW. Christ consciousness means NO PAST and NO FANTASY.

When your mind serves you up a memory, name it – MEMORY. When your mind slips away into fantasy land, name it – FANTASY. We're here to purge, purify and cleanse – that's ALL.

A Christ may have been a bricklayer or a seamstress; it doesn't matter how they earned their crust.

What makes us great or not, is us doing the real Spiritual journey or not.

How do you know who is working in their mind and who is just living to feed their addictions?

Jesus Christ and his wife Mary eh. The man had calloused palms and his wife gave him 2 children. They lived in the NOW where the LOVE is.

Can you now see that the religions are merely instruments of mind control? And what about those gurus who run those charity rackets?

Everything you need to know to become like Yeshua & Mary, is on my home page and if not, you'll find it in my books...

I am the same as you. My journey is also to bring my fantasy hand and my memory hand together.

Sounds easy doesn't it? It's very difficult because you have to become a super-conscious observer to 'name & dismiss' everything your mind happily serves up to you ~ Gary Bate.